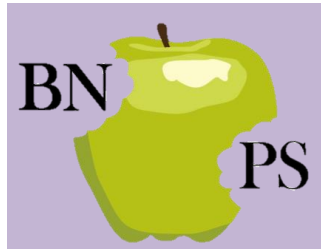


Wednesday's Wisdom



Wednesday's Wisdom has a new look! Many thanks to our summer intern Tess Hodges for all of her great work. This Wednesday's Wisdom is broken into 2 sections. The first section is news for the Child and Adult Program and the second section is news for the National School Lunch and Breakfast Program. If you have any questions, please contact us at 271-3646.

CACFP News for July 11, 2012

The Bureau is having a new computer system developed with the Child and Adult Care Food Program (CACFP) being the first to "roll out" the applications and claims. We (the Bureau staff) are in the process of testing the new system. The new system will be ready to use prior to the next Federal Fiscal Year when application need to be entered. All applications, ancillary documents, budgets, etc. will be completed on-line by the sponsors and uploaded to the Bureau for approval. We will be having a webinar shortly discussing what will happen and how sponsors will be entering the data on-line. Please do not hesitate to contact this office if you should have further questions.

Availability of Drinking Water

Clean, sanitary drinking water should be readily available, in indoor and outdoor areas, throughout the day. Water should not be a substitute for milk at meals or snacks where milk is a required food component unless it is recommended by the child's primary care provider.

On hot days, infants receiving human milk in a bottle can be given additional human milk in a bottle but should not be given water, especially in the first six months of life. Infants receiving formula and water can be given additional formula in a bottle. Toddlers and older children will need additional water as physical activity and/or hot temperatures cause their needs to increase. Children should learn to drink water from a cup or drinking fountain without mouthing the fixture. They should not be allowed to have water continuously in hand in a "sippy cup" or bottle. Permitting toddlers to suck continuously on a bottle or sippy cup filled with water, in order to soothe themselves, may cause nutritional or, in rare instances, electrolyte imbalances. When tooth brushing is not done after a feeding, children should be offered water to drink to rinse food from their teeth.

It is also important to remember health and safety when serving water to children. Infants and toddlers should be seated when drinking to prevent falls. If disposable cups are used, Styrofoam should not be used with infants and toddlers. If water bottles are used, they should be labeled, emptied and washed daily. If drinking fountains are available, providing step stools is important so children are able to reach the fountain safely. If children are able to drink from a bathroom sink or a sink used after diapering/toileting, the sink should be disinfected to prevent cross-contamination. If a classroom only has one sink that is used for food prep and diapering, obtaining a jug of water daily from a clean water source, such as from the kitchen, is recommended to prevent cross-contamination.

--- Nurse, Child Care Health Consultant

http://www.magnetmail.net/actions/email_web_version.cfm?recipient_id=597037217&message_id=2115398&user_id=AAPorg&group_id=506789&jobid=10697640

Wednesday's Wisdom

NSLP News for July 11, 2012

AUGUST CONFERENCE SCHOOL FOODSERVICE PROFESSIONAL DEVELOPMENT

Training for school nutrition professionals

The *School Foodservice Professional Development Conference* will be offered at the Merrimack Valley High School in Penacook, NH on **August 8, 2012**. The location of the training is at Merrimack Valley High School located at 106 Village Street, Penacook, NH 03303. **Deadline to register is Friday, July 27, 2012.**

- Please know that *seating is limited to 225*. Due to limited seating, we may restrict the number of school nutrition professionals from any one school or district. **Note: Agenda is below.**

Questions? Please call or email Judy.Gosselin@doe.nh.gov or call 271-3862.

NSLP Conference on August 8, 2012

Please complete the registration form below and return to:
Tami Drake at Tami.Drake@doe.nh.gov or fax: 271-1953.

Training topic: *New Regulations*

Location: Merrimack Valley High School, 106 Village Street, Penacook, NH 03303

Date: August 8, 2012

Time: 7:45 am-3:15 pm

SAU/RA#: _____ School: _____

Name: _____ Title: _____

Phone number where we may reach you during the summer: _____

Email where we may reach you during the summer: _____

Deadline to register is July 27, 2012

Questions? Please call or email Judy.Gosselin@doe.nh.gov or call 271-3862.

Please be sure to read through the PLE attachment.

School Food Service Professional Development Conference

Merrimack Valley High School, Penacook, NH
August 8, 2012

7:45-8:15	Registration
8:15-8:30	Housekeeping
8:30-8:40	Welcome and a few words by the First Lady of New Hampshire, Dr. Susan E. Lynch
8:40-8:50	HUSSC Awards of Excellence/Effort
8:50-9:50	The New Meal Pattern: "Moving from Swamp to Solution" <i>Presenter: Beth Murphy, Ignite</i>
9:50-10:20	USDA Deputy Undersecretary, Janey Thornton
10:20-10:35	Break
10:35-12:05	New USDA Meal Pattern Basics and the HealthierUS School Challenge <i>Presenter: Mary Jo McLarney, USDA New England Regional Office</i>
12:05-1:00	Lunch provided through SNA partnership
1:00-3:15	General Session Topics <ul style="list-style-type: none">• Technical Advisory Tool Kit <i>Presenter: Mindy Fitterman, NH DHHS</i>• NH Farm to School <i>Presenter: Stacey Purslow, NH Farm to School</i>• And More!



Offered by the New Hampshire Department of Education, Division of Program Support,
Bureau of Nutrition Programs and Services